

Curriculum Vitae
Robin D. Lizzo
University of Illinois

Contact Information

Email: Lizzo@illinois.edu
Phone Number: 1-217-300-9947

Education

Doctoral Student (2013 to Date)

University of Illinois
College of Applied Health Science
Department of Recreation, Sport, and Tourism

Masters of Science Degree

Texas A&M University
College of Agriculture
Department of Recreation, Park, and Tourism Science

Concentration: Youth Development

Support Area: Youth Leadership

Thesis Topic: Leadership and the Boy Scouts of America's High Adventure Program

Chair: Dr. Mike Edwards

Committee Members: Dr. Mat Duerden, Dr. James Lindner

Bachelor of Science Degree

University of Wisconsin-Whitewater
College of Letters and Sciences
Department of Philosophy and Religious Studies

Concentration: Liberal Studies

Support Areas: Education and Mathematics

Minor: Recreation and Leisure Studies

Academic Appointments

| | |
|--------------|--|
| 2016 to Date | Internship Coordinator and Lecturer Department of Recreation, Sport, and Tourism; University of Illinois- Urbana-Champaign |
| 2013- 2016 | Teaching Assistant Department of Recreation, Sport, and Tourism; University of Illinois- Urbana-Champaign |
| 2011- 2013 | Research Assistant Department of Recreation, Park, and Tourism; Texas A&M University- College Station |
| 2004-2006 | Teaching Assistant Department of Recreation and Leisure Studies; University of Wisconsin- Whitewater |

Honor and Awards

Graduate

Most Valuable Teaching Assistant- S.T.A.R. Award (2015)
Certificate in Foundations of Teaching (May 2, 2014)
Philmont Staff Association Scholarship (2011)
Philmont Staff Association Scholarship (2012)

Industry

Adventure Recreation Employee of the Year- Campus Recreation (2015-2016)
Adventure Recreation Employee of the Month- Campus Recreation (2015)
Aquatics Employee of the Month- Campus Recreation (2014)

Undergraduate

Magna Cum Laude (2006)
Academic Scholarship (2003- 2006)

Research Interests

My current research interests focus on adventure education, adventure tourism, experiential education, and how these might intersect with sustainable practices. As of yet I have not conducted research in this area.

Two additional research interests of mine that go hand in hand are Youth Development and Youth Leadership. Thus far I have formulated and carried out a program evaluation for the Boy Scouts of America's High Adventure Program. Two goals of these research projects were to determine whether leadership was being instilled in youth via the High Adventure Program and to determine what elements of this program were promoting leadership or detracting from leadership.

A fourth research interest involves experiential education and outdoor education. My work with the Public Lands Service Coalition and with the time diary pilot study have given me the opportunity to evaluate how participants interact with the outdoors in out of school time and during structured programs with a conservation corps.

Research Publications

Duerden, M. D., Edwards, M. B., & Lizzo, R. (2015). Participant impact of the conservation corps experience. *Journal of Outdoor Recreation, Education, and Leadership*, 7(1), 35-47.

Edwards, M. B., Duerden, M. D., Lizzo, R. D., Campbell, K. S., & Kamper, L. M. (2014). Youth Time Outside: A Comparison of Time Use Methodologies. *Journal of Leisure Research*, 46(5), 635.

Research Presentations and Proceedings

Duerden, M., Edwards, M. B., Lizzo, R. (2012, February). Report on the Public Lands Service Coalition evaluation. The Corps Network National Conference, Washington, D.C.

Duerden, M., Edwards, M. B., Lizzo, R. (2013, February). Report on the Public Lands Service Coalition evaluation. The Corps Network National Conference, Washington, D.C.

Technical and Contract Reports

Duerden, M., Edwards, M.B., & Lizzo, R. (2012). *2012 PLSC Evaluation Report*. Report prepared for Public Lands Service Coalition.

Duerden, M., Edwards, M.B., & Lizzo, R. (2013). *2012 PLSC Evaluation Report*. Report prepared for Public Lands Service Coalition.

Conference Presentations and Proceedings

Edwards, M. B., Duerden, M., Lizzo, R., Campbell, K., & Kamper, L. (2013, October). Youth time outside: A comparison of time use methodologies. Paper presented at 2013 NRPA Leisure Research Symposium, Houston, Texas.

Lizzo, R. & Edwards, M. B. (2013, October). Leadership and the Boy Scouts of America's High Adventure Program. Paper presented at 2013 NRPA Leisure Research Symposium, Houston, Texas.

Duerden, M., Edwards, M. B., Lizzo, R. (2012, February). Report on the Public Lands Service Coalition evaluation. The Corps Network National Conference, Washington, D.C. [Invited]

Graduate Research Projects

Public Lands and Outdoor Recreation Attitudes- Funded evaluation and research project collaborating with Public Lands Service Coalition. This research will help gain an understanding of youth attitudes and behaviors related to public land management, environmental conservation, and outdoor recreation.

Texas Children's Time Outdoors- Funded pilot study about using time diary methods to investigate children's unstructured and structured time outdoors during their out-of-school time. The purpose of this study is to explore how children in Texas spend their time outside of school in a typical week, what kind of activities they are participating in, where they participate in these activities, and with whom they participate. The goal of this research is to gain better insight into why some children spend more time outdoors than others.

Completed Training

Collaborative Institutional Training Initiative (CITI) (2011-2016)

Responsible Conduct in Research & Scholarship Course

Social & Behavioral Research Investigators Course

Ethics (2017)

Financial Conflict of Interest in Research (2016)

Child Protection Training (2012)

Reporting Fraud, Waste and Abuse (2011)

Creating a Discrimination-Free Workplace (2011)

Information Security Awareness (2011)

Certifications

Certificate in Foundation of Teaching from the Illinois Center for Innovation in Teaching and Learning
CPR-Professional Rescuer (2006- 2018)
Lifeguard (2001- 2018)
First Aid Instructor (2010- 2012)
Rock Climbing Instructor (2010-2012)
CPR and AED (infant, child, adult) Instructor (2010- 2012)
Wilderness First Aid Instructor (2010- 2012)
Open Water Scuba Diver (2010- 2012)
Emergency Oxygen Provider (2010- 2012)
Anaphylaxis Workshop (2007- 2010)
Wilderness First Aid (2007- 2010)
Outdoor Living Skills Program Leader- Level 1,2 and 3 (2006- 2009)
Wilderness First Responder (2005- 2008)

Teaching Experience

Lecturer (2016 to Date)- University of Illinois Champaign, IL

RST 120: Foundations of Recreation

Spring 2017

Class Size: 40 students

RST 120 provides students with a depth of historical, theoretical, and practical information about the field of parks and recreation. Through this course, students gain proficiency in several recreation-related topics and develop a deeper understanding of the role of recreation in community planning processes. Students will also become familiar with current research topics that draw on disciplines such as psychology, sociology, and landscape architecture. The emphasis in this class is on learning about the major tenets of recreation through analysis of reading material, in-class discussions, and exams.

RST 217: Public Recreation

Fall 2016

Class Size: 30 students

RST 217 examines the public sector and its role in the provision of local park and recreation services. Students explore its philosophical foundations, organizational structure, policy-making process, and the administrative tasks of public recreation providers. This course seeks to develop a deeper understanding of the role of public recreation in the lives of people and the practical functions required to facilitate professional roles.

RST 420: Human Resource Management in RST

Fall 2016, Spring 2017

Class Size: 40- 50 students

RST 420 focuses on the key elements within Human Resource Management. Managing people and working collaboratively with colleagues is a key element of any recreation, sport or tourism organization. In this class students explore concepts, principles and objectives of supervision, the nature of the supervisory relationship, and supervisory functions and processes. Furthermore, students

learn to identify and apply methods and techniques related to human resource management. Finally, students discuss organizational and operational patterns of personnel administration in recreation, sport and tourism settings.

RST 480: Orientation to Practicum

Fall 2016, Spring 2017

Class Size: 50- 55 students

RST 480 prepares and assists in placing students in the 12 credit RST Internship (RST 484). Students must document completion of 300 hours of field work.

Topics include placement requirements and policies, resumes, cover letters, reference solicitation, and the role and issues of professional practice. RST 480 is a senior seminar class designed to help introduce students to concepts which are critical to success in the internship (RST 484) and beyond. Additionally, pertinent previous course content is reviewed including academic policies, application materials, goals and objectives, business etiquette, and professional communication

RST 484: Practicum

Fall 2016, Spring 2017, Summer 2017

Class Size: 10- 55 students

RST 484 (the internship course) requires students to complete a minimum of 12 weeks in a full-time capacity (40 hours per week) placed with an agency that relates to their major. The course is designed to enhance the internship experience by leading students through practical steps that empower them in the learning/working experiences, practice skills and concepts presented in academic classes, explore areas of personal and professional interest, and by introducing problem and conflict solving techniques.

KIN 107: Aquatic Sport Activities (Guest Instructor for Log Rolling course content)

Spring 2016, Fall 2016, Spring 2017

Class Size: 35-45 Students

KIN 107 is focused on skills and knowledge essential for leisure-time activities which are classified as aquatic sport activities.

Teaching Assistant (2013 to 2016)- University of Illinois

Champaign, IL

RST 100: Society and Leisure

Fall 2013, Spring 2014, Fall 2014, Fall 2015, Spring 2016

Class Size: 180-250 Students

RST 100 examines central issues in defining leisure. Historical, philosophical, sociological, psychological, and economic approaches to understanding leisure behavior, its meanings, social contexts, and personal and social resources are examined. By the end of the semester, students should understand the history and evolution of leisure, as well as its impact on contemporary society.

RST 110: Leisure Service Delivery

Spring 2014, Fall 2014

Class Size: 65- 130 Students

RST 110 Introduces students to the concepts, principles, and practices related to the provision of leisure services; description of the various fields of professional

practices and central characteristics such as customer service, customer attributes, pricing, and management.

RST 199: Sport and Sustainability Travel Study

Summer 2014, Fall 2015

Class Size: 25- 30 Students

RST 199SS examines the role of sustainability in sport organizations, ask students to develop their own perspectives on controversial topics, and provides opportunities to examine the linkages found in nature and those connecting economic systems, the environment, and society at large.

RST 199: Adventure Recreation and Tourism in New Zealand Travel Study

Class Size: 16 Students

RST 199NZ Explores several aspects of adventure recreation and tourism to understand it from perspectives of both the tourist and the host community. The course orients students to reasons for people to travel to exotic and remote locations to step outside their comfort zone. The activities require a significant effort and involve a degree of risk and perception of danger, and at the same time, a learning of new skills is required to participate in the activities. Because adventure recreation and tourism often takes place in rural areas, the tourist enterprises are usually focused on sustainability and partnerships with local organizations and people.

RST 199: International Tourism for Economic Development Travel Study

Fall 2015

Class Size: 16 Students

RST 199FJ explores ways that tourism is used for economic development in a developing economy to gain an understanding of how international tourism for development is addressed in the Fijian context. The experiential education focuses on learning through guided action. 70% of the students' time is spent visiting Fiji's primary tourism attractions, including beaches, reefs, and resorts under the guidance of knowledgeable field professionals. Some activities require a significant effort and involve a degree of risk and perception of danger, and at the same time, will require learning new skills to participate in the activities.

RST 300: Leisure Programming

Spring 2015

Class Size: 40 Students

RST 300 provides a basic understanding of theory and practice in recreation program development in various service settings. It covers fundamental programming models, goals, program implementation, and evaluation.

RST 341: Community Recreation Planning

Spring 2015

Class Size: 20 Students

RST 341 primarily focuses on: The outdoor recreational use of lands in the public domain and their planning, concepts, and processes related to planning resource based systems; multiple-use in planning; planning criteria for outdoor recreation facilities. This course seeks to develop a deeper understanding of the role of recreation in community planning processes. Literature reflective of current

research and past trends in leisure, psychology, sociology, urban planning, and landscape architecture, among others is incorporated.

RST 370: Research Methods and Analysis

Fall 2013

Class Size: 63 Students

RST 370 is designed to provide a comprehensive introduction to the basic concepts of research methods and statistical analysis. The course provides a conceptual map of science, the research process, and some of the vocabulary, principles, and methods of statistics and analytical techniques. Upon completion of this course, students should have an understanding of the scientific process such that research can be conducted, understood, interpreted, and critically evaluated. In addition, students should be capable of conducting research and have gained the expertise to read and understand resource materials for application to practical research problems.

RST 420: Human Resource Management

Spring 2016

Class Size: 41 Students

RST 420 focuses on the key elements within Human Resource Management. Managing people and working collaboratively with colleagues is a key element of any recreation, sport or tourism organization. In this class students explore concepts, principles and objectives of supervision, the nature of the supervisory relationship, and supervisory functions and processes. Furthermore, students learn to identify and apply methods and techniques related to human resource management. Finally, students discuss organizational and operational patterns of personnel administration in recreation, sport and tourism settings.

RST 429: Contemporary Issues in Recreation, Sport, and Tourism

Fall 2015

Class Size: 62 Students

RST 429 provides a capstone experience for upper-level RST students to discuss contemporary issues in leisure services. Students will investigate different things happening in the world today that affect leisure behavior, such as cellphones, climate change, and helicopter parenting. Students will also discuss how leisure management and delivery is responding to these global happenings.

Relevant Industry Experience

To date I have approximately 15 years of industry experience when combining my Outdoor Recreation, Aquatics, Event, and Resort experience. Following is a brief listing of positions held and the nature of work related to each position.

Outdoor Recreation:

Campus Recreation (2014 to Date)

Champaign, IL

Position: Program Assistant/ Log Rolling Instructor

Nature of Work: Work in collaboration with Campus Recreation to provide quality service and programs to the student body at the University of Illinois. This includes but is not limited to teaching Log Rolling clinics and instructors, teaching Rock Climbing Clinics, scheduling, staff training and evaluation, and

daily operations of the Adventure Center and Rock Climbing Wall within the Activities and Recreation Center.

Philmont Scout Ranch (2003-2012) Cimarron, NM

Position Title: Ranger 1 , Ranger 2, Assistant Camp Director/Head Rock, Camp Director Hunting Lodge, Camp Director Baldy Town, Autumn Adventure Guide, Camp Director Dean Cow, Camp Director Phillip's Junction

Nature of Work: Working with Boy Scout youth between the ages of 14 and 18 to promote leadership, learning experiences, and the adventure of a lifetime in the rugged and mountainous New Mexico wilderness. Also, as a Camp Director I was responsible for the training of staff, running of the camp, and implementation of program.

Florida National High Adventure Sea Base (2008-2010) Florida Keys, FL

Position Title: Keys Adventure Mate, Sea Exploring Mate

Nature of Work: Working with Boy Scout youth between the ages of 14 and 18 to promote leadership, learning experiences, and the adventure of a lifetime in the Florida Keys setting, onboard numerous ships, and in the water. I was also responsible for participant safety in the water and onboard the ship as well as program implementation.

Southwest Conservation Corps (2007) Durango, CO

Position Title: Education and Outreach Program Crew Member

Nature of Work: Work within the community to educate community members, improve living conditions, make resources more readily available to community members, and to implement useful programs. During the course of our work I encountered people from a variety of economic, racial, ethnic, and educational backgrounds.

Teaching Assistant (2006) Whitewater, WI

Position: Instructor, Introduction to Rock Climbing

Nature of Work: Working in collaboration with lead instructor I was responsible for teaching approximately 50% of the course. This included curriculum planning, class scheduling, assignments, and in class teaching. As an introduction to rock climbing, this class covered a broad overview of numerous rock climbing topics.

Aquatics:

Urbana Park District Aquatics (2014 to Date) Urbana, IL

Position: Shift Manager and Cashier

Nature of Work: Shift Manager is responsible for all operations of entire facility (both the Urbana Indoor Aquatics Center and the Crystal Lake Park Family Aquatic Center) while on shift. This includes but is not limited to emergency response, first aid, customer service, cashiering and opening and closing cashier reports, bank deposits, employee supervision and discipline.

Campus Recreation (2014 to 2015) Champaign, IL

Position: Head Guard, Lifeguard

Nature of Work: Leading and providing a role model for lifeguards on shift in regard to opening and closing facilities, maintaining a safe and friendly aquatic environment for guests within the facility, compile shift reports, attending regular in-service training to maintain lifeguard certification, and maintaining skills and

physical conditioning to be the first responder to any situation where the lifeguard on duty cannot handle the situation on his/her own.

Key Lime Cove (2011) Gurnee, IL
Kalahari Resort and Indoor Waterpark (2010) Wisconsin Dells, WI
Daytona Lagoon (2008) Daytona Beach, FL
Grayslake Family Aquatic Center (2000, 2001) Grayslake, IL

Position: Lifeguard

Nature of Work: Lifeguards are the first line of defense in an aquatics environment. This means maintaining knowledge and physical conditioning to react to any emergency situation within the facility.

Event:

State Farm Center (2013 to 2016) Champaign, IL

Position: Event Staff Supervisor

Nature of Work: Supervise event staff before, during, and after each event at the State Farm Center. Brief event staff on job duties and event assignments; ensure that all staff know their job and can provide top notch service to each guest. Respond to and report all emergencies, spills, and guest complaints. Promote a friendly, welcoming, and cheerful atmosphere before, during, and after each event.

ToughMudder (2014 to Date) Chicago, IL/Milwaukee, WI

Position: Volunteer

Nature of Work: ToughMudder is a team-oriented 10-12 mile obstacle course event designed to test physical strength and mental grit. Each ToughMudder event involves upwards of 15 thousand participants each day. This is a world renowned event series with over 2 million participants worldwide thus far. Much of the planning and building of the course is conducted by volunteers as well as almost all of the event day activities.

Champaign County Humane Society Giant Garage Sale (2014 to Date) Champaign, IL

Position: Volunteer

Nature of Work: The CCHS Giant Garage Sale is the Champaign County Humane Society's largest annual fund raiser. This event raises over \$60,000 each year over the 3 day event. This entire event is staffed and organized by volunteers beginning months before the event weekend and leading up to the sale dates.

Position: Foster Home (registered with the State of Illinois)

Nature of Work: Maintain health and safety standards within my home to comply with State of Illinois Foster Home licensure. Care for animals that are too young, too small, or too ill to be adoptable with the goal of providing a healthy environment for animals to grow and heal.

*Awarded Volunteer of the Month (October 2015)

Illinois Marathon (2014 to Date) Champaign, IL

Position: Volunteer

Nature of Work: The Christie Clinic Illinois Marathon is staffed by hundreds of volunteers annually to produce a safe and successful Marathon experience for thousands of runners from all over the world.

The Color Run (2014)

Minneapolis, MN/Champaign, IL

Position: Volunteer

Nature of Work: The friendliest 5K on the planet. This event is held around the country each year and gathers together thousands of enthusiastic runners for a day of color and fun while promoting health and fitness. Volunteers are incorporated into all aspects of pre-event set-up, event day operations, and post-event break down.

Resort:

USA Hostel Las Vegas (2007)

Las Vegas, NV

Chalet Landhaus Inn (2006)

New Glarus, WI

Montecito-Sequoia Lodge (2006)

Kings Canyon N.P., CA

Position: Guest Service Agent/Front Desk Associate

Nature of Work: Provide friendly, helpful, and cheerful customer service to all patrons at all times, even in times of chaos or crisis. Check guests in and out, answer telephones, give correct and accurate information, place reservations, take messages, and forward calls as necessary. Advertise and book tours and programs for patrons. Work in conjunction with a group of coworkers and patrons from all over the world. Create bimonthly schedule for guest service agents. Cash handling, manage register and close-out spread sheet at the end of each shift.